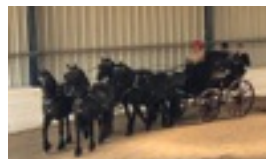


THORSTEN
ZAREMBOWICZ
CLINICS 2021



SCHEDULE OF
EVENTS FOR 2021



MEMBERS ACTIVITIES
AND AWARDS
WINTER: 2021

NEWSLETTER

A Word from the President: Ann Katona

Thank you for being a member of Spokes and Spurs. I am looking forward to being your new President! I also appreciate being surrounded by a wonderful board. Membership is more than the annual dues. It helps to create a strong and vibrant community of people who share their love of horses and driving. Your support helps to continue traditions from Pleasure driving, riding, competitions and continued learning. We are so fortunate to be in an area with drivers at all levels.

Spokes and Spurs has a wonderful Facebook page. We welcome your photos, feedback and suggestions as well as input to our newsletter.

2020 was challenging to say the least however we, as a club, put on several events. We were able to practice social distancing and safely have fun in continuing our driving and riding endeavors. If you look at the 2021 schedule we have many events planned! I'm pleased to say that our schedule is quite full! At this time we will continue to practice safety protocol at our events:

Physical distancing

Essential support personnel only

Masks/Face coverings

Restricted Access to Event Venues

In addition to our club events there are two USEF competitions that will be held.

Kentucky Classic CDE - May 27 - 30, 2021 at Hillcroft Farm in Paris, KY This is a stunning venue and we are so fortunate to have this event in area.

Lexington Carriage Classic - June 24 - 26, 2021 at the Kentucky Horse Park. An absolutely beautiful event based on traditions.

If you are not competing we hope that you will support these events by way of being a volunteer. These are wonderful learning opportunities.

I am looking forward to warmer weather and getting out with my own pony and seeing friends soon! *Ann Katona*

Spring Season Conditioning

Some of our friends and members are able to enjoy spending winter in Florida to continue training horses and ponies (one of these days...). For those of us who stay put for winter we are looking forward to warmer weather and dry grounds in order to hitch up again. But what is the best way to get our equine companions back in shape after time off?

There is an informative YouTube video that has been posted through American Driving Society:

Conditioning the Driving Horse - Richard J. Forfa, DVM, DipABVP

Some key points;

Know your horse or pony. Size, age and breed (body type) will be a consideration.

Monitor Heart and Respiratory Rates. Know resting levels as well as normal temperature

Always allow for a warm up period as well as a cool down

Long slow distance; start three times per week at walk and trot. Initially flatter terrain; working up to hills; more challenging terrain (i.e. sand, water)

Strength training. (Also do not overtrain)

Suppling. Depending on the level, work on Dressage; 40 meter to 20 meter circles - will vary as your horse develops experience and suppleness (riding under saddle if possible will help). Stretching exercises when not in harness.

As weather becomes warmer encourage more water consumption. Provide electrolytes. Access to forage is most important; hay or grass

A Blast From the Past

by Ann Katona

My first real driving horse with my daughter as my groom, a Morgan mare, "Bailey." I bought Bailey as an unbroken 5 year old that had just been sitting in a pasture. I look back and realize how fortunate I was to have a horse with her temperament. I broke her to drive and ride, learning so much along the way. She would do anything asked of her. Some of you may recall Golden Carriages. I can't believe that I drove this carriage in CDE's! Bailey lived to be 32 years of age. Truly a special horse.



Thorsten Zarembowicz Clinics Continue for 2021

Thorsten Zarembowicz, who did his first combined event at the age of 8, trained World Champion driver Michael Freund, took team and individual Gold at the Single Horse World Championship in 2010, in 2016 became the USEF Combined Driving Coach, and in 2019 was the Division Champion for Horse Show Coaching at Devon will continue to offer lessons for 2021!

The Clinics will continue to take place at Coach House Farm, 2027 Clintonville Rd., Paris, KY 40361. Lessons are \$130 per 45 minute lesson. Here are the dates scheduled for 2021:

March 27-28

May 1-2

July 16-17

August 7-8

October 2-3

November 6-7

Go to our website: www.spokesandspurs.com for the online registration form or our Facebook site.

Charlotte's Creek Farm Offers Open Schooling Days

Charlotte's Creek Farm, owned by Chris and Judd Roseberry, is graciously opening their beautiful property for Open Schooling Days in 2021. There are wonderful trails, obstacles, cones, and a brand new dressage arena in which to school. They even have an indoor if weather turns inclement!

See "Earliest Planned Scheduled Dates for 2021" to see the times, dates, and location. As with all activities, continue to watch for updates in case there needs to be any changes.

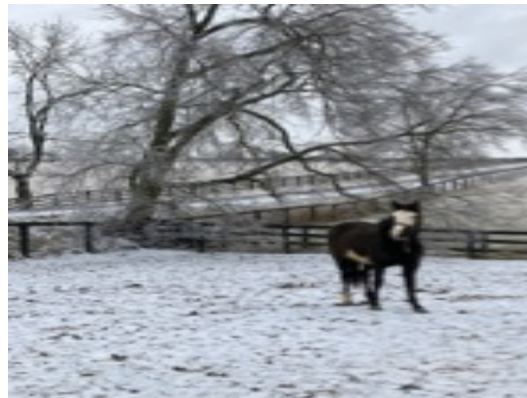
A Heart-Warming Rescue

A picture was sent to Cindy and Hugh Bellis-Jones the day before Thanksgiving of a mare at a kill lot in Colorado. She was to ship to slaughter in Mexico on Sunday. Instead, it was arranged to ship the mare to Kentucky!

She arrived sick and feral. She had never been haltered. Cindy traced her back through her coggins and found she was sold for slaughter from a Native American reservation in South Dakota.

Cindy and Hugh quarantined her, but she almost died on New Year's Day. When she was down and weak, they slipped a halter on her and a long rope which enabled them to start to medicate her. It has been a roller coaster ride from there. They are now dealing with bad ulcers in her.

The mare is never mean, just feral. She can now be lead decently. Her tests have come back indicating she hopefully will be able to be turned out with others. The mare is either a large pony or a small horse. Someday soon, they will try to measure her.



Our Members Are Impressive!!!

Florida 2021 (Jan. and Feb.)

Many of our Spokes and Spurs members have been busy in Florida this winter. We wish to congratulate those mentioned below. Our apologies if we missed anyone. (Listed alphabetically by last name.)

Participants	Event	Place	Division
Jacob Arnold Colten Parker, Nav.	Grand Oaks CDE Spring Fling Florida Horse Park	1st 1st	FEI Pair Horse Advanced Pair Pony
Christy May Jennifer Harber, Nav.	Grand Oaks CDE Spring Fling Florida Horse Park	2nd 1st	Training Single Horse Training Single Horse
Carrie Ostrowski	Grand Oaks CDE Spring Fling Florida Horse Park	3rd 2nd	FEI Single Horse Advanced Single Horse
Chris Roseberry Judd Roseberry, Nav.	Grand Oaks CDE	1st	Training Single Horse
Bob Vance	Spring Fling Florida Horse Park	2nd	Pre Single Horse
Katie Whaley	Grade Oaks CDE Spring Fling Florida Horse Park	1st 2nd	FEI Pair Pony Advanced Pair Pony
Thorsten Zarembowicz	Spring Fling Florida Horse Park	1st	Pre Single Horse HC

Welcome New Members and Renew Your Membership for 2021!

We are excited that our messages and activities have inspired others to join Spokes and Spurs! If you need to renew your membership or if you would like to join, now is the time so we can plan the 2021 year. We now have an easy online form for you to fill out. Unfortunately, at this point, we do not have a way for you to pay your dues online. The directions for submitting your payment are on the form. Be sure and write that down before you submit the form. Memberships are not in effect until your payment has been received. If you don't wish to sit and type the site into your browser, you may find the site to click on through Spokes and Spurs Facebook site or our website: www.spokesandspurs.com For 2021 membership, go to:

<https://fs20.formsite.com/6owStr/9gxkgrwfqa/index.html>

Lexington Carriage Classic 2021

Save the date! We're looking forward the live return of the Lexington Carriage Classic. We hope that many of you are planning on entering, but as usual, we will need lots of volunteers to make this show a success.



Kentucky Classic Coming Soon!

Mark these dates on your calendar. We will no doubt have many of our members entering this event, but they will be needing volunteers to make the Kentucky Classic successful.



NEW DATES!

**KENTUCKY
CLASSIC
CDE**

MAY 26 - 30, 2021

HILLCROFT FARM

PARIS, KENTUCKY



**THANK YOU TO EVERYONE WHO JOINED
US IN 2019 FOR THE FIRST EVENT AT
HILLCROFT. WE INVITE EVERYONE TO
JOIN US AGAIN IN 2021!**



W: WWW.KENTUCKYCLASSICCDE.COM
E: KYCLASSICCDEHILLCROFT@GMAIL.COM



Schedule of Events for 2021

Proposed Date	Activity
March 27-28	Thorsten Zarembowicz Clinic #1 at Coach House Farm, 2027 Clintonville Rd., Paris, KY 40361
April 29-May 2	Spring National Drive: Hoosier Horse Park, Edinburgh, Indiana
May 1 -2	Thorsten Zarembowicz Clinic #2 at Coach House Farm
May 16	Open Schooling Day #1 at Charlotte's Creek Farm, 6146 Paris Pike, Georgetown, Kentucky 40324
May 27-30	Kentucky Classic at Hillcroft Farm
June 24-26	Lexington Carriage Classic at The Kentucky Horse Park
July 16-17	Thorsten Zarembowicz Clinic #3 at Coach House Farm
July 24	Open Schooling Day #2 at Charlotte's Creek Farm
August 7-8	Thorsten Zarembowicz Clinic #4 at Coach House Farm
October 2-3	Thorsten Zarembowicz Clinic #5 at Coach House Farm
October 5-10	Fall National Drive: Hoosier Horse Park, Edinburgh Indiana
October 16	Driving and Riding at Shaker Village, Harrodsburg, Kentucky
November 6-7	Thorsten Zarembowicz Clinic #6 at Coach House Farm

All of the above dates and details can be subject to change, mainly due to weather! In the event

of changes, we will notify the membership as soon as possible through email, Facebook, and our Website.

Find us on-line at www.spokesandspurs.com

This is Your Newsletter!

Please send us any equine activities, news, and your achievements! Whenever possible, include photos. We will also list at no charge to members any equine ads. For example, we will accept ads for selling carriages, horse trailers, horses or ponies or especially tack and equipment. In the past, members placed ads on Facebook which unfortunately sometimes didn't allow our members first crack at it. Obviously, if you are in a hurry to list something, still use our Facebook site. If you have time, send us your listing and photos.

We also invite articles written for the Newsletter. Many of you are talented writers and have great information to share with others. These articles should be about riding or driving tips, repair of carriages, horse equipment, and farm equipment. We also invite humorous articles that bring joy to our lives about your equine or farm experiences.

We would love to have pictures of your favorite pets and scenic pictures of your property. When we receive these pictures, we will include as many as possible in order that we receive them. If so many pictures are received, we will notify you which issue your photography will appear.

We do reserve the right to edit articles or ads, but we will notify you of the editing and get your approval before publishing.

Send your ads and articles to: spokesandspursky@gmail.com

Under "Subject", type in: Newsletter Editor

Photos need to come in JPEG or HEIC images in an attachment to your email.