



SPOKES AND SPURS NEWSLETTER

Derby Days:

Exciting Announcement

(Article by David Gaston)

We have added a new event to our calendar since the January meeting! Kate and Katie Whaley have generously donated the use of their Coach House Farm for three derby events.

The first two events: July 25 and August 22 (both dates are Saturdays), there will be two qualifying derbies. Those events will be \$35 entry fee per the first two events for Spokes and Spurs members. (Non-members will be \$35 per the first two derbies plus one time membership fee of \$30 per single or \$35 for family.)

The third and final event will be Saturday, September 12. If the entrant qualifies after the first two derbies, the fee for the third event is \$50. Here's the greatest thing of all: The entry fees collected from each division will be distributed over the top three winners! (The amounts will be determined after all entries have been received with the highest amount going to first place, the next highest amount to second place, and so forth.)

Coming Activities for March and April

The sport of driving brings a different twist for travel to and from events. How do you get a horse(s), the cart or carriage, as well as harness, etc. safely to your destination? You will not want to miss our event on Saturday, March 14, beginning at 10:00 a.m. at the CAA Office at the Kentucky Horse Park! Ann Katona, Spokes and Spurs Vice-President, has prepared an exciting presentation about horse trailers. Ann will be sharing some of her experiences in determining what size and type of trailers/set ups that you may consider as a driver.

Also, on that day, Sgt. Jason Morris, from the Kentucky State Police, will provide important information on trailer and farm equipment registration and licensing. Many of you have questions about licensing and have voiced concerns about any changes in the law. Sgt. Morris is a wonderful presenter and will bring you up-to-date on the laws. He is even versed on how other state laws effect us when we travel.

The first Thorsten Zarembowicz lesson clinic for 2020 will be March 28 and 29 (Saturday and Sunday). (For all the clinic dates, please see "Calendar of Events" at the end of this newsletter.) Thorsten Zarembowicz, did his first combined event with a single pony at the age of 8, trained with World Champion driver Michael Freund, took team and individual Gold at the Single Horse World Championship in 2010, in 2016 became the USEF Combined Driving Coach, and in 2019 was the Division Champion for Horse Show Coaching at Devon. All of the clinics will take place at Coach House Farm, 2027 Clintonville Road, Paris, Kentucky. Lessons are \$100 for 45 minutes (a bargain for trainers of this stature) and free for those who wish to audit. If you desire to have a lesson or two at this clinic, please contact me at spokesandspursky@gmail.com very soon so we can set up a schedule. When you send in your request, please include the day(s) and time(s) you prefer and what you would like to work on during your lesson(s). You will pay for your lesson on the day you are scheduled. However, if you cancel a lesson with less than 24 hours notice, we expect payment for that lesson.

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(Continued from page 1: Derbies)

The divisions will be single horse, single pony, pair horse, pair pony, VSE's, and two wheel carts. Two wheel carts will walk and trot only. If you would like to practice driving a derby, but don't wish to compete, you may enter the two qualifying derbies under "not to be judged" category. Numbers will be limited for those not actually competing, so those entries will be under a first come, first served basis.

(Continued from page 1: Coming Activities for March and April)

We are especially looking forward to a fun driving day at Leslye Sandburg's Farm, Valkyrie's Haven, 487 Cynthiana Road, Paris, KY 40361, on Saturday, April 18 beginning at 10:00 a.m. Michaela Keener and her team from the Sports Medicine Department at the University of Kentucky, will be joining us. They will be doing research with those that volunteer to measure heart rates connected with carriage driving. We will also have a cook-out luncheon. We will be asking those participating to bring either a side dish or dessert. Details will be sent out very soon. (If the weather invades our fun, this day will be rescheduled. Watch for announcements on your email, Facebook, and our webpage.)

Of course, Thursday, April 30 begins the Spring Fling National Drive at Edinburg, Indiana. This wonderful driving time is well worth the short drive! That event ends on Sunday, May 3.

January Educational Day a Great Success!

On Sunday afternoon, January 12, forty-two members were in attendance at the CAA offices at the Kentucky Horse Park. We had a delightful time visiting with each other as we sampled different cheeses and drank wine. After some technical glitches, we got under way with presentations on "Managing Mud and Water Issues on Our Properties" by Morgan Hayes, PE from the University of Kentucky Biosystems and Agricultural Engineering Department and "Sports Medicine Applied to Equine Drivers and Riders" by Michaela Keener, MS from the UK Department of Sports Medicine.

Of course, everyone that owns land deals with mud and water issues! Morgan's presentation was well received with many insightful questions and comments. She also spoke about ventilation and surfaces for indoor or covered arenas. Several of our members will be involved in future research by allowing Morgan and her team to visit farms, established arenas, and arenas under construction.

Michaela Keener humorously presented sports medicine research for drivers and riders. The humorous part was that Michaela actually is a rider and participated for the first time as a navigator during her research. She was able to present her own, as well as others, heart and breathing rates, even pinpointing reactions at intense moments. Michaela and her team will be continuing her research at the April 18 fun drive at Valkyrie Farm.



Tour of Rood and Riddle

On Thursday, February 6, several of our members toured the Rood and Riddle Equine Medical Facility. It was fascinating to see the latest technology involved in the care of our precious equines. What made the tour extra special is that our own Dr. John Hubbell took time to be with us and provide valuable information into what goes on in equine medical treatment. We enjoyed seeing the MRI equipment, surgical rooms and recovery rooms, and a favorite was the farrier facility. Who knew there were so many types of innovative horse shoes to fit the need of different conditions! We wish to thank our tour guide, Julie Tooth, Dr. Hubbell for making the necessary contacts, and Whitney Fields for arranging the tour.



Spring and Summer Will Be Very Busy with Spokes and Spurs

Be thinking ahead for the coming months. Throughout the Spring, Summer and Fall we will have more Thorsten Zarembowicz clinics. The June clinic will also include a “Marathon Day” with Colten Parker. We will send out more details of this exciting date very soon!

May 30th will be a driving day at Charlotte’s Creek Farm in Georgetown. Sterling Graburn will be giving lessons in conjunction with this wonderful day. If you are planning on taking a lesson with Sterling on that day, please contact me at spokesandspursky@gmail.com as soon as possible. The fun driving day will be free. Lessons are \$70 for 55 minute lessons. Be sure and indicate what you would like to work on at your lesson with your request.

We have an extraordinary opportunity at Hillcroft Farm outside of Paris. James and Misdee Miller have opened their fabulous farm for drivers. This event will also include Emerging Drivers encouraging new drivers to participate in the sport. As details are received, we will share them with our members.

The Lexington Classic will be June 18-20 at the Kentucky Horse Park. This event allows drivers to display their skills and knowledge. Last year, many of our members participated and worked as volunteers. This year, they are adding a division for people that have never had a blue ribbon at a show and a utility carriage class. Don’t miss this highlight of our year!

July 11 (Saturday) will bring us another wonderful Mini-CDE at Coach House Farm, sponsored by Kate and Katie Whaley. This popular event grows in number of participants every year. We indeed appreciate the Whaley’s providing their land and hard work to make this possible!

Be sure to read and plan to attend all these events given at the conclusion of this newsletter. These activities are what Spokes and Spurs are about. This is why you paid your yearly dues, so participate!

Executive Board Met January 26, 2020

Your Executive Board met in January. Hugh Bellis-Jones, Treasurer, reported the balance of club funds as of that date was \$4316.49. He also reported that the membership on that date was 49 and that \$960 was raised by the silent auction at the December Annual Meeting.

David Gaston, President, presented a proposed budget for 2020. The board approved the 2020 budget after Kathy Courtemanche, Board Member at Large, made the motion to accept, with second by Hugh Bellis-Jones. The budget items are listed below: (many items are approximate, but not to exceed the amount given)

- * \$200 donation to CAA for use of building for meetings
- * \$200 to sponsor a class at the Lexington Carriage Classic in June
- * \$150 to help support the Fall National Drive
- * \$200 for additional pieces to the new sound system for greater capabilities
- * \$200 for usage of properties for clinics
- * \$650 for insurance
- * \$900 for food, drink, and supplies at clinics and events
- * \$100 for general supplies

The remainder of the meeting was discussion and planning for the events and activities for 2020.

Mark Your Calendars (Dates in red are sponsored entirely or in part by Spokes and Spurs, Inc.)

March 14 (Saturday, 10:00 a.m.) Trailer Day Presentation and State Licensing/Registration Laws presented by Ann Katona, Vice-President of Spokes and Spurs and Sgt. Jason Morris, Kentucky State Police. This will be at the CAA Office at the Kentucky Horse Park.

March 28-29 (Saturday and Sunday) Thorsten Zarembowicz Clinic, Coach House Farm, 2027 Clintonville Rd., Paris, KY

April 18 (Saturday, 10:00 a.m.) Fun Drive and Cookout at Valkyrie's Haven Farm, 487 Cynthiana Road, Paris, KY

April 30-May 3 **National Drive Spring Fling**, Hoosier Horse Park, Edinburgh, IN

May 8-9 (Saturday and Sunday) Thorsten Zarembowicz Clinic, Coach House Farm, Paris, KY

May 30 (Saturday, 10:00 a.m.) Clinic and Lessons, Sterling Graburn, Charlotte's Creek Farm, 3176 Newtown Pike, Georgetown, KY

June 5-6 (Saturday and Sunday) Marathon Training Day with Colten Parker along with Thorsten Zarembowicz Clinic, Coach House Farm, Paris, KY

June (Date to be determined) **Executive Board Meeting**, CAA Office at the Kentucky Horse Park

June 13 (Saturday, 9:00 a.m.) **Fun Driving Day**, Hillcroft Farm, Paris, KY

June 18-21 **Lexington Carriage Classic**, Kentucky Horse Park, Lexington, KY

July 3-4 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY

July 11 (Saturday) **Mini-CDE** Coach House Farm, Paris, KY

July 25 (Saturday) **First Qualifying Derby**, Coach House Farm, Paris, KY

August 1-2 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY

August 9 (Saturday) **Games Day and Lessons**, Carrie Ostrowski and Leslie Cashion (Place and time to be announced)

August 22 (Saturday) **Second Qualifying Derby**, Coach House Farm, Paris, KY

September 5-6 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY

September 12 (Saturday) **Final Derby at Coach House Farm**, Paris, KY

October 3-4 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY

October 13-18 **National Drive**, Hoosier Horse Park, Edinburgh, IN

October 24 (Saturday, 10:00 a.m.) **Drive at Shaker Village and Picnic Lunch**, Harrodsburg, KY

November 7-8 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY

December 8 (Tuesday, 6:30 p.m.) **Spokes and Spurs Annual Meeting, Potluck, and Silent Auction**
CAA Office at the Kentucky Horse Park, Lexington, KY

December 19 (Saturday, 6:00 p.m.) **Spokes and Spurs Christmas Dinner and Party**, Coach House Farm, Paris, KY

All of the above dates and details can be subject to change, mainly due to weather! In the event of changes, we will notify the membership as soon as possible through email, Facebook, and our Website.

Find us on-line at www.spokesandspurs.com