

SPOKES AND SPURS NEWSLETTER



November Thorsten Zarembowicz a Success!

(Article by David Gaston)

On Saturday and Sunday, November 23 and 24, Spokes and Spurs hosted the first of several clinics with Thorsten Zarembowicz.

Many signed up for lessons both of the days. The first day, marked by torrential rain, Jennifer Harber, Spokes and Spurs Secretary, stepped up and made the indoor arena available at Charlotte's Creek Farm, owned by Chris Roseberry. Using our new sound equipment, observers were able to hear the lessons to gain valuable driving knowledge. Saturday culminated in a scrumptious dinner for participants provided by the Whaley's. This gave an opportunity to discuss the lessons and talk personally with Thorsten and his lovely wife, Allison.

Sunday, the lessons continued at Coach House Farm, Kate and Katie Whaley, owners. Though the day was a bit chilly, we stayed warm with hand warmers and hot chocolate furnished by the Whaley's. (continued on page 2)

From the President

Tuesday, December 3, 2019, we held our annual meeting with potluck dinner and silent auction. We had a wonderful evening with forty-two members in attendance. The potluck dinner was outstanding and it was evident that everyone enjoyed the opportunity to socialize with one another. In the past, the annual meeting was held in January, but the Executive Board decided to hold the annual meeting in December so plans could be in place beginning in January 2020. At that meeting, we elected three new officers to the Executive Board. Jennifer Harber will serve as Secretary, Hugh Bellis-Jones, treasurer, and Kathy Courtemanche as Executive Board At-Large Representative. Summer Frost served as secretary/treasurer for 2019, but stepped down due to her enormous responsibilities and travel with her business. We wish to thank Summer for her service in 2019.

It was also voted on and accepted by the membership to raise the dues for Spokes and Spurs membership for 2020. It has been many years since a dues increase and costs have increased mainly due to an increase in activities and insurance costs. The new dues are \$35 for family membership and \$30 for a single membership. If you were not in attendance at that meeting, be sure and send in your 2020 membership. The form can be found on the web page: spokesandspurs.com Jack Goodman has made the forms available which indicate where to send your dues. Please do this as soon as possible so the Executive Board will be able to set up the 2020 budget.

We also were introduced to the many planned activities for Spokes and Spurs for 2020. January through March have been designated as educational times followed by months of driving and riding opportunities. (See the Calendar of Events at the end of the Newsletter.)

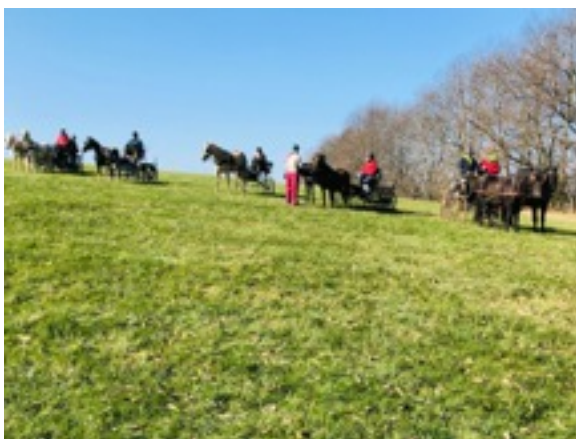
The evening ended with the Silent Auction. So many of you donated wonderful items ranging from art work, clothing, jewelry, and equine paraphernalia and tack. Thank you to those who donated items and their time to help make this auction a success! We are indeed fortunate that Thorsten and Allison are making

our area as their home. The clinic was such a success, we will provide more clinics with Thorsten beginning in March and ending in November of 2020! Look at your calendars and plan ahead to sign up for lessons. Thorsten works with all levels of drivers. You do not need to be a competitor. By taking lessons, we become safer drivers and are better to our equine friends.

Driving at Shaker Village

We had a superb drive with Spokes and Spurs members at Shaker Village in Harrodsburg, Kentucky on Saturday, November 16. Though the day was chilly at the beginning, it quickly warmed up with light wind and full sun. Members attended the great drive that culminated in a picnic lunch where we gregariously enjoyed each others company. We want to thank Linda Freeman, who knows Shaker Village extensively, who led the trail driving. It certainly made the drive more pleasurable. There is another Shaker Village Drive scheduled for October of 2020. You won't want to miss it!

Some Pictures from the Drive at Shaker Village in November





Christmas Party at Kate and Katie Whaley's Farm

Once again, the Whaley's graciously invited Spokes and Spurs members at Coach House Farm, 2027 Clintonville Road, Paris, Kentucky. This took place on Saturday, December 21. This is always such a lovely party and feast where we have a chance to socialize and dress up in our finery. We wish to thank Kate and Katie for the beautiful evening.

2020 Looks Great!!!

Your Executive Board has planned the new year. In January, there will be a wine and cheese party with a visit from UK Agricultural Department where we can measure our hand grip and discuss stress on our hands and more proper ways to handle our reins. In February we will be providing a tour of Rood and Riddle. In March, our Vice President, Ann Katona, will present how and what to look for when buying a trailer, how we can refit our present trailers, and how we can maintain our trailers. We are looking forward to clinicians and lessons with such notable trainers as Sterling Graburn and Thorsten Zarembowicz. We will again have a fun CDE at Kate and Katie Whaley's, a drive at Shaker Village, drives on some new properties, a games day, Colten Parker will return this year with a "Marathon Day" at Coach House Farm and we are even planning a continuous drive day, probably to be held at Masterson Station in September. James and Misdee Wrigley Miller are sponsoring a fun driving day at Hillcroft Farm. We will need volunteers during the year, especially at the Lexington Carriage Classic and Marathon Day. Don't forget the National Drives for Spring and Fall. As you can see, we have the year filled with fantastic activities. The important thing is that you attend!

Mark Your Calendars (Dates in red are sponsored entirely or in part by Spokes and Spurs, Inc.)

January 12 (Sunday, 2:00 p.m.) Wine and Cheese Party with presentations from University of Kentucky Sports Medicine Research Institute and University of Kentucky Biosystems and Agricultural Engineering Department. We will measure your hand grip and discuss ways to lessen stress to our driving or riding. We will also discuss ways to manage mud and water issues around our properties, as well as provide proper ventilation for indoor horse management and activities. CAA Office at the Kentucky Horse Park.

January 26 (Sunday, 2:00 p.m.) Executive Board Meeting at the CAA Office at the Kentucky Horse Park. All members are invited to attend and provide input. Especially, would like to see those that signed up for Events and Hospitality Committees.

February 6 (Thursday, 2:00 p.m.) Tour of Rood and Riddle Equine Hospital

March 14 (Saturday, 10:00 a.m.) Trailer Day Presentation by Ann Katona, Vice-President of Spokes and Spurs. CAA Office at the Kentucky Horse Park.

March 28-29 (Saturday and Sunday) Thorsten Zarembowicz Clinic, Coach House Farm, Paris, KY

April 18 (Saturday, 10:00 a.m.) Fun Drive at Leslye Sandberg's Farm, Cynthiana, KY

April 30-May 3 National Drive Spring Fling, Hoosier Horse Park, Edinburgh, IN

May 8-9 (Saturday and Sunday) Thorsten Zarembowicz Clinic, Coach House Farm, Paris, KY

May (Exact date to be determined) Marathon Day with Colton Parker, Coach House Farm, Paris, KY

May 30 (Saturday, 10:00 a.m.) Clinic and Lessons, Sterling Graburn, Charlotte's Creek Farm, Georgetown, KY

- June 5-6 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- June 7 (Sunday, 2:00 p.m.) **Executive Board Meeting**, CAA Office at the Kentucky Horse Park
- June 13 (Saturday, 9:00 a.m.) **Fun Driving Day and Clinic**, Hillcroft Farm, Paris, KY
- June 18-21 **Lexington Carriage Classic**, Kentucky Horse Park, Lexington, KY
- July 3-4 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- July 11 (Saturday) **Mini-CDE** Coach House Farm, Paris, KY
- August 1-2 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- August 9 (Saturday) **Games Day and Lessons**, Carrie Ostrowski (Place to be announced)
- September 5-6 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- September 12 (Saturday) **Continuous Drive** at Masterson Station, Lexington, KY
- October 3-4 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- October 13-18 **National Drive**, Hoosier Horse Park, Edinburgh, IN
- October 24 (Saturday, 10:00 a.m.) **Drive at Shaker Village and Picnic Lunch**, Harrodsburg, KY
- November 7-8 (Saturday and Sunday) **Thorsten Zarembowicz Clinic**, Coach House Farm, Paris, KY
- December 8 (Tuesday, 6:30 p.m.) **Spokes and Spurs Annual Meeting and Potluck**, CAA Office at the Kentucky Horse Park, Lexington, KY
- December 19 (Saturday, 6:00 p.m.) **Spokes and Spurs Christmas Dinner and Party**, Coach House Farm, Paris, KY

All of the above dates and details can be subject to change, mainly due to weather! In the event of changes, we will notify the membership as soon as possible.

Find us on-line at www.spokesandspurs.com